

Saugeen Track and Field Club Records 14 year olds

Event	Name	Time/Dist	Yr/Venue	Name	Time/Dist	Yr/Venue
60m	M. Kongas	8.62	2020/York			
100m	J. Leeder	12.56	2007/Ottawa	P. Ponomaryov	12.40	2005/York
200m	C. Courtney	26.52	1990/York	P. Ponomaryov	25.04	2005/York
300m	Cl. Rands	44.31	2019/Kincardine	R. Caughy	38.19	2017/Kincardine
400m	C. Courtney	60.28	1990/York	L. Card	53.39	1994/Kitchener
800m	Cl. Rands	2:17.42	2019/London	G. Jackson	2:05	1985/Kitchener
1200m	Cl. Rands	3:41.94	2019/Brampton	E. Bouius	3:29.19	2022/Mississauga
1500m	C. Hunter	4:46.08	2008/London	G. Jackson	4:19	1985/London
Mile	C. Hunter	5:26.00	2008/Cambridge			
2000m	E. Bryce	6:44.59	2017/Windsor	E. Bouius	6:12.12	2022/Mississauga
3000m	M. Reid	10:32.89	1992/York	B.Hagemeier	9:40.5	1985/Kitchener
5000m	S. Donaldson	19:25.2 R		M. Donnelly	17:59 R	2015/Owen Sound
80mH	A. Morrow	12.73	2010/London	R. Aubin	12.5	1989/Hamilton
200mH	C.MacMillan	29.99	2006/Windsor			
300mH	R. Rudell	47.53	2005/Kitchener	R. Aubin	43.01	1989/Hamilton
1500s/c	E. Bryce	5:21.06	2017/Windsor			
Long Jump	A. Morrow	5.14	2010/London	T. Smith	5.71	2009/Toronto
Triple Jump	A. Morrow	10.11	2010/London	T. Smith	11.77	2009/Toronto
High Jump	R. Rudell	1.60	2005/Guelph	L. Johnston	1.70	1993/York
Javelin	H. Martin	34.40(500g)	2018/London	R. Jacklin	52.18(600g)	2016/ Montreal
Shot Put	J. Broere	11.72 (3k)	2020/ Port Elgin	B. Brewer	16.18 (3kg)	2018/Kincard
	L. Evans	9.77 (4k)	1995/ Kitchener	R. Jacklin	15.27 (4kg)	2016/York
Discus	M. Van Stuyvenberg	30.59(750g)	2019/Clinton	B. Brewer	45.63 (1kg)	2018/Brandon
	H. Martin	28.72(1k)	2018/ London			
Hammer	M. Van Stuyvenberg	49.34 (3k)	2019/ Kincardine	K. Bowman	49.52(4k)	2007/York
				K. Bowman	37.63(5k)	2007/Ottawa
Weight Throw	M. Van Stuyvenberg	17.20(12lb)	2019/York	K. Bowman	14.78	2007/London

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Tetrathlon	R. Rudell	2509	2005/York
4x100	Kaufman, Wheeler, Dodd, Rands	56.77	2019/Cambridge
Sprint Medley (400, 200, 200, 800)	Dodd, Kongas, C. Rands, Cl Rands	4:20.80	2019/Brampton
4x800	B. Quanz, Kongas, Kaufman, Wheeler	10:38.08	2019/Windsor