

## Saugeen Track and Field Club Records 16 year olds

Event	Name	Time/Dis t	Yr/Venue	Name	Time/Dist	Yr/Venue
100m	D.Duprey	12.00	1983	P. Ponomaryov	11.8	2007/Kinc.
200m	D.Duprey	25.6	1983/London	L. Card	22.71	1996/Brantfrd.
400m	D.Duprey	56.26	1983/Sud	L. Card	49.57	1996/Sudbury
800m	S. Gribbons	2:15.68	2004/Etob	M. Thorson	1:57.27	1997/Hamilton
1500m	S. Gribbons	4:32.6	2004/Guelph	K. Benninger	3:59.46	2001/Hamilton
Mile	S. Gribbons	5:12.03	2004/Cambr			
3000m	E. Bryce	9:50.60	2019/Windsor	K. Benninger	8:35.87	2001/Sarnia
5000m	S. Gribbons	18:22 R	2004/Lond	K. Benninger	16:01	2001/London
				L. Fitzgerald	15:54 Rcert	2018/Toronto
10000m	P. Kuntz	39:53	1990/Kitch	D. Scarrow	34:13 (R)	1985/Kitch.
100mH	D.Duprey	14.4	1983/Sud.	11.49(80mH)		
110mH				A. Kunkel	14.9	1997/Kitch.
300mH	D. Duprey	43.2	1983/Lond.	T.Middlekoop	40.3	1989/Hamilton
400mH	D. Duprey	1:01.16	1983/Ottawa			
1500s/c	S. Quanz	5:09.35	2018/Windsor	C. Clayton	4:37.87	1986/Burl.
2000s/c	S. Quanz	7:17.00	2018/Windsor			
Long Jump	A. Morrow	5.52	2012/TTFC	P. O'Donaghue	6.75	1985/Wind
Triple Jump	K. Smith	10.59	2009/London	S. Myles	12.68	2018/Cambrid
High Jump	R. Rudell	1.73	2007/Ottawa	M. West	1.97	2009/London
Javelin	P.Robinson	40.96 (600g)	1985	A.Turland	51.46 (800g)	1998/York
				R. Jacklin	53.09 (700g)	2018/Windsor
				R. Jacklin	60.94 (600g)	2018/York
Shot Put	B. Martin	13.04 (3k)	2018/Brandon	R. Jacklin	18.83 (4kg)	2018/Cambrid
	L. Evans	12.14(4k)	1997/Nfld	R. Jacklin	18.00 (5k)	2018/York
Discus	H. Van Stuyvenberg	40.24(1k)	2018/York	R. Jacklin	52.11(1.5k)	2018/Brandon
				R. Jacklin	65.46(1.0k)	2018/Clinton
Hammer	B. Martin	45.69(4k)	2018/Ottawa	A.Turland	43.88(12lb)	1998/BC
	B. Martin	55.25(3k)	2018/Windsor	R. Jacklin	64.81(5k)	2018/Brandon
				R. Jacklin	56.71(6k)	2018/London
Weight Throw	B. Martin	16.08 (16lb)	2018/York	R. Jacklin	22.99 (20lb)	2018/York
Pentathl on	A. Morrow	3296	2012/TTFC			
Heptatha lon	A. Morrow	4596	2012/ Charlottetown			
Octathlo n				M. West	4759	2009/London

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4x800m	Quanz, Morariu, Jez, Bryce	9.49.75	2018/Windsor
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